Deliverable 2: Programming

Activity	Deliverables	Timeline
Task 1: Facilitation of Virtual Community of Practice: "Leading with Stability in Unstable Times"	Explore crisis leadership in school communities through **three, virtual, 60-minute sessions**, unpacking leadership strategies that can enhance wellness, resilience, and trauma-informed leadership. Essential questions include: How do we navigate conflict in moments of uncertainty? How might we lead ourselves and our teams through trauma-informed and healing-centered ways that are anchored in humanizing the real stuff (fear, anxiety, moral injury, excitement, possibility) that arises with change? Note: no cap on number of participants; open to all staff Facilitator: Leora	
Task 2: Facilitation of Virtual Series: Honoring Boundaries for Oregon Educators' Wellness	In a **two-part series (90 minutes each)** our team provides the Trust network members exploratory spaces to examine how upholding healthy emotional boundaries can be trauma-healing and help strengthen our impact as school mental health service providers. We will expand our self-care toolbox to heighten awareness regarding personal limits and recognize when we've reached them by becoming better equipped to enforce working parameters that stave off burnout and encourage regulation and restoration. Each session will provide an overview of healthy boundaries and offer dialogue and discussion on how to navigate challenges to our boundaries. Facilitator: Oriana Note: no cap on number of participants; open to all staff	
Task 3: Coaching series, "Getting Grief Ready"	Provide a three-part, 2-hour session series, "Getting Grief Ready." Coaching for school leadership regarding supporting colleagues and the workforce in their grief sensitivity. Modeled after the Pacific Southwest MHTTC four-part series "Fostering Grief Readiness," customized to Oregon. Facilitator: Leora with possibility of four guest speakers Note: no cap on number of participants; open to all staff	
Task 4: Life After Oregon Loss Tables	**Three, 1-hour sessions** for Oregon educators who have experienced or anticipate experiencing loss (including loss of employment) in school communities to process and metabolize their needs, feelings, and school cultures of care.	