

The School Crisis Recovery & Renewal Project

An Initiative of the Center for Applied Research Solutions

School crisis readiness is essential. Response is critical. **And: what happens after matters, too.**

Generative spaces that evoke self and collective inquiry, trauma-informed and grief-attuned skills, and intentional, peer-led spaces for educators, providers, school-based staff, school site administration, and systems leaders to engage in conversations around loss and healing. Our programming's essential questions:

What needs healing and transformation inside me to sustain transformation and healing in my classrooms, schools, and organizations?

What needs healing and transformation inside us to stabilize and reimagine our education organization or community's way of being?

The School Crisis Recovery & Renewal Project (originally funded from 2020-2025 via SAMHSA as a National Child Traumatic Stress Network site) is proud to be a longtime partner of Oregon Well-Being Trust, supporting the courageous care of Oregon educators. Together, we work to promote impactful, effective and sustainable change in the ways school communities and leadership build the skills, knowledge, and attributes necessary to recover and renew.

Option 1: Build Your Program

How: The programming listed below can be customized to your team (e.g., joining already existing team meetings) or can be offered as a series for a specific audience (e.g., school counselors).

Modality Options: 1:1 or team coaching, group facilitation, trainings, communities of practice // professional learning communities, workshops, seminars, team retreats, keynotes, and products or resource development.

Frequency & Duration: We offer short-term support (1-3 sessions) and long-term partnerships (semester or school-year) . Programming can be virtually or in-person in 60-minute, 75-minute, or 90-minute sessions.

Let's Get Started: You can either submit a request form to Oregon Well-Being Trust or schedule a meet and greet with an SCRR team member to customize your professional development experience. Contact Niki Magtoto, at nmagtoto@cars-rp.org to schedule a meet and greet.



Menu of Support Services

Workshop Offerings



All workshops listed can be customized to your team (e.g., joining already existing team meetings) or can be offered as a series for a specific audience (e.g., school counselors); all workshops can be offered in 2-3 sessions, virtually, at 60-minute, 75-minute, or 90-minute sessions.

Fostering Grief Readiness. Our workplaces experience loss, bereavement, and grief: This series offers direct teaching and coaching to support colleagues and the workforce in their grief sensitivity, whether it is an employee who is anticipating or healing from the death of a family member or friend, staff mourning the loss of a colleague, or a team experiencing losses in clients and community.

Holding and Handling: Creating the Container After Staff or Student Death. Facilitation training on space-holding for educators after a student or colleague dies, and how to create school and system-wide practices for grief culture work.

Leading with Stability in Unstable Times. This series unpacks our relationship to change, instability, and unpredictability, and engages participants in self-reflection to strengthen our work. Through reflective exercises and open discussions, create a supportive space to explore how we can move through unsteadiness in a way that is anchored in our healing and wellness.

Leading in the Aftermath: Recovery & Renewal (101) and (201). Engaging sessions that explore the framework and application of school crisis recovery and renewal to enhance understanding, meaning-making, and application of the extended school crisis continuum of care in your communities.

Leading in the Aftermath: Trauma-Informed & Grief-Attuned Education Systems Leadership (301). Explore how to build and sustain trauma-informed & grief-attuned education cultures and structures during and after a school crisis and engage in self and collective reflection, increasing school crisis leadership skills, capacities, and actions so that we deepen our commitment to authentic safety, connection, and ecosystems of well-being.

Love Made Visible in Oregon: Cultivating Awareness, Protection, and Radical Healing for B/IPOC Educators. A brave healing space specifically for Black, Indigenous, and People of Color (B/IPOC) – of Indigenous, Latinx, Asian, South Asian, Pacific Islander, Middle Eastern & North African descent – exploring the many impacts our identities as educators and providers has on our lives, our bodies and our school ecosystems.

Metabolizing The Moment. Crisis response work often involves numbing, dissociation, and separating ourselves from the pain we are supporting. Metabolizing the Moment spaces are special “unpacking” sessions that are designed to support providers’ meaning-making of a crisis response experience. This offering is specifically designed with suicide prevention and postvention specialists and critical response incident teams, or any group that is interested and open to moving from response to recovery.

Self-Attuning and Attending to Emotional Activation: Honoring Our Boundaries & Providing Care. A series specifically for school-based or connected service providers to strengthen their ability to provide trauma-informed care and establish healthy therapeutic relationships by providing space, support, and tools to move beyond the harms of our own lived experience to better serve our communities.

“Creating a space to begin to reflect and discuss the impact of loss/crisis on us as individuals and as school communities was a new and useful step forward.” - Participant

“In more ways than I can really say. It has taught me to be present in my work, bring diverse perspectives, renewed my sense of purpose in this work and overall made me a better professional working with youth.” - Participant





Option 2: Long Term Partnership

Leading in The Aftermath School Curricula. This unique experience offers two in-person trainings (at the beginning and end of the year), customized professional development for staff meetings, and virtual coaching to school site or team leadership, building internal team capacity. To support schools in and post-crisis, we provide a site or team with a professional development journey designed to meet the following aims:

- Increase staff awareness of stress, trauma, grief, recovery, and renewal after a crisis to better understand both students' experiences and their own experiences
- Provide staff with coping skills and strategies for wellbeing that they could utilize to practice relevant and meaningful self-care and reflection in their learning environment
- Engage in collaborative and reflective conversations with their colleagues to co-create a healing-focused, grief-sensitive, trauma-informed school environment
- Empower staff to take ownership over their professional learning journey by leading sessions with their peers that were designed with Leading in the Aftermath coaches

Life After Loss Process Spaces. Recurring virtual gatherings ("tables") that are intentional, peer-led spaces for educators to engage in conversation around their experience with death-related, school-based losses as a means towards healing, providing a space to connect and share about what it means to teach, lead school sites or systems, and provide school services after the death of a student or alum. Can be facilitated by Leading in the Aftermath coaches or be offered in a train-the-trainer version for educators and school leaders to host virtual gatherings of their own.

"Participation in these programs have been so transformative for me. I do not say that lightly and mean it with my whole heart. I am so eternally grateful."

- Participant

Customized Products and Resource Design and Development



Our team is skilled in designing and delivering customized products and resources to either support your teams and those you serve or be reflections of the work your teams do with us in our sessions. We can create learning summaries, organizational toolkits, internal guides, facilitation training tools, and more. Sample products include:

- [Leading In and Leading Out to Renew: Navigating Lived-Polycrisis School Leadership – A Guidebook from and for School Leaders](#) (2025)
- [Leading with Courage, Care, & Connection: A Reflection Guide for School Leaders Navigating Recovery & Renewal After Student Deaths by Suicide](#) (2024)
- [Creating and Holding Space for Ourselves and Each Other After Student Death](#) (2023)
- [Grief Leadership Recovery and Renewal After Wildfire: A Place to Process for Educators, School Mental Health Providers, and Youth/Young Adult Leaders and Allies](#) (2023)
- [Our Right to Grieve: Grief-Informed Recommendations and Resources](#) (2022)